

school age

School's Out

The YMCA offers child care from 9:00 a.m. - 4:00 p.m. on school holidays and institute days. Early and late care are available from 6:30 a.m. - 6:00 p.m. at no additional cost. Children will spend their day participating in a variety of activities which include swimming.

All children, kindergarten through eighth grade, are welcome. **Registration is required at least three business days in advance!** Forms are distributed through schools and are available at the YMCA. We follow District #15 (McHenry) and District #46 (Prairie Grove) school calendars.

Cost is: \$37.00 per day for Full Members
 \$47.00 per day for Limited Members
 \$27.00 per day for those enrolled in the Before and After School Program

7350 Before & After School Child Care

Before and After School Child Care is for children kindergarten through fifth grade. Each child is supervised in a wide variety of activities.

Before and After School Child Care is a safe, supportive, nurturing setting in which the personal growth of each child is encouraged.

These programs are well rounded and provide children with social, emotional and recreational activities that are self directed, group directed and staff directed in nature. This program runs from 6:30 a.m. until the start of school and from dismissal until 6:00 p.m. Before and After School Child Care is currently offered at the following elementary schools.

- Prairie Grove
- Edgebrook (McHenry)
- Riverwood (McHenry)
- Valley View (McHenry)
- Hilltop (McHenry) @ Edgebrook
- Duker (McHenry) @ Edgebrook



3110 Home-School Gym

This program, consisting of a 45- minute gym class, is designed for home-schooled students kindergarten - 8th grade who meet once a week throughout the school year. Activities may include: floor hockey, soccer, fitness testing, organized group games, and basketball. (Maximum: 30)

Code	Day	Age	Time	Cost
3110-01	Thur	K - 6th	2:45-3:30 PM	\$15/30

3111 Home-School Swim (K-5th grade)

This program is designed for home-schooled students, kindergarten - 5th grade who meet once a week during the school year. The program consists of a 30-minute pool session.

Code	Day	Age	Time	Cost
3111-01	Thur	K - 2nd	3:00-3:30 PM	\$15/30
3111-02	Thur	3rd - 5th	2:00-2:30 PM	\$15/30

3337 Kyuki-Do

(Tae Kwon Do, Judo, Hapkido, & Weapons)
 Students will learn self-defense techniques, develop better eye-hand coordination, self-discipline, strikes, throws, grappling, and traditional weapons which gives the practitioner an advantage over other martial arts in a self-defense situation. Classes are open to children (6-12) and family/adults.

Code	Day	Age	Time	Cost
3337-01	Mon	6-12 yrs	5:45-6:45 PM	\$36/72
3337-02	Mon	Fam/Adult	6:45-7:45 PM	\$36/72
3337-03	Fri	6-12 yrs	5:45-6:45 PM	\$36/72
3337-04	Fri	Fam/Adult	6:45-7:45 PM	\$36/72

Kid's Fitness Class

Need something to keep your children active? Come to the Kid's fitness class. Step aerobics, resistance training, and stations are just a few of the themes that are featured in the sessions.

Code	Day	Age	Time	Cost
1107-01	Fri	7-14	4:30-5:30 PM	\$10